|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Breakfast** | **Snack 1** | **Lunch** | **Snack 2** | **Supper** | **Snack 3** |
| **Monday** | Oatmeal | Appleswith PB | Egg sandwichesChips & salsa | Granola bar | Hamburgers/ Grilled meat | Yogurt |
| **Tuesday** | Cereal | Dairy | Log cabin sandwichesRaw veggies | Popsicle | Chicken | Banana |
| **Wednesday** | Eggs & toast | Veggie cups with Ranch | PB & J’sChips | Granola bar | Burritos/Taco stacks | Yogurt |
| **Thursday** | Cereal | Appleswith PB | Leftovers/ soup | Baked | Kids’ Choice | Banana |
| **Friday** | Dutch babies | Popsicle | Tomato soupGrilled cheese | Nut and dried fruit mix | Fries/ Chipswith a hot vegetable | Ice cream |
| **Saturday** | Cereal | Veggie cups with Ranch | Salads andPB grahamswith milk | Baked | Pizza | X |
| **Sunday** | Cerealor bagels | X | Pancakes& eggs | X | Popcorn | X |